



AU CHALET
EN BOIS ROND

VILLAGE NATURE ET PLEIN AIR

WATERCRAFT AND FISHING

Difficulty level: Easy

Nautical activities and fishing in the wild entail risks, many of which can lead to drowning. On, in, or near the water, preparation and prevention are the keys to a pleasant and safe experience. Put the odds on your side, and make safety your priority.

BEFORE YOU GO

Before a first outing, seek advice from the staff to get information. Make a plan that suits your abilities and those of your partners:

- suggested routes;
- the characteristics of the body of water and the risks it entails;
- swimming regulations, which are not permitted everywhere;
- the use of a fishing rod

Check the weather.

Dress appropriately for the season and wear closed shoes with grip soles.

A nautical safety kit is provided for watercraft rentals on the river.

Inform someone close to you of your route and its duration. It is safer not to go alone.

WHEN OUT TO THE ACTIVITY

Write down the emergency contact number and the procedure to follow when in areas without mobile phone coverage.

Wear your PFD at all times: on the water, in the water, and around bodies of water.

Respect your limits and your knowledge. In case of unstable weather or conditions making navigation difficult, return to shore.

Prevent fatigue!

- Stay close to the banks.
- Take regular breaks to drink and eat.
- When possible, start against the current or with a headwind and return with the current or with a tailwind.

WHEN YOU RETURN

Notify Outdoor Center employees of any breakages or potentially dangerous items observed during your visit.

EQUIPMENT LEGALLY REQUIRED BY TRANSPORT CANADA

PFD or life jacket of the right size for each person

Navigation kit provided with all watercraft river rentals: 15-meter buoyant heaving line, bailer or hand pump, whistle, waterproof flashlight

Oar or paddles

RECOMMENDED EQUIPMENT

Waterproof bag to keep your items dry

Closed shoes with grippy soles

Phone 100% charged in a waterproof case

Water, sunglasses and sunscreen, insect repellent

Clothing adapted to the activity and the season

Depending on the weather: cap or toque and gloves

Map of locations

Garbage bag